



4th Annual Smiles Change Lives Turkey Trot

November 24, 2011 5K Run/ 1.5mi Walk/ Kids' Fun Run
 "Long Island's **FASTEST** Turkey Trot"

USATF Certified Course USATF Sanctioned Race
 Timing by JMS Racing www.SmilesTurkeyTrot.org

Race starts and finishes at Corey Beach Park on the Great South Bay and winds through the beautiful town of Blue Point. Results for the 5K race will be posted on www.SmilesTurkeyTrot.org. Registration limited to 1000 runners. **Tech shirts guaranteed to all preregistered 5K & Walk participants on race day!**

Kid's Fun Run **8:45 am:** for children 10 years old and under, south end of Corey Avenue, **turkey headbands** for all participants, top three finishers will receive prizes
5K Run **9:00 am:** 5K (3.1 miles) - flat and fast, race starts on Middle Road at Barteau Av
1.5 Mile Walk **9:00 am:** 1.5 mile noncompetitive walk, walkers line up behind runners

Awards: Prizes to the first three 5K finishers in each category
Categories: Male and Female: 14 & under, 15-19, 20- 24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-79, 80+, wheelchair

Registration Information:

Pre-registration: 5K & Walk \$25, Kids' Fun Run \$10

- **Online at Active.com** ***NO SERVICE CHARGE***
- By **mail** postmarked by Friday, November 11, 2011
- **In-person** at Sayville Running Company (Sayville) or Egan Orthodontics (E. Patchogue)

Race Day Registration: 5K & Walk \$30, Kids' Fun Run \$15 Thursday, November 24, 2011 7:00-8:30am

Race Day Pick Up: Thursday, November 24, 2011 7:00-8:30am

Changing Kids' Lives,
one smile at a time

Smiles Change Lives Turkey Trot 5K Run / 1.5 Mile Walk / Kids' Fun Run Application

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ E-mail _____

Date of Birth _____ Age on Race Day _____ Sex: Male Female

Check one: 5K Run 1.5mi Walk Kids' Fun Run Wheelchair 5K

Shirt size (5K & Walk only): S M L XL Payment: Check Cash (In-person Only)

Make check payable to: **Smiles Change Lives – Long Island**
 Send entry form and check to: **Smiles Change Lives Turkey Trot**
c/o SAYVILLE RUNNING COMPANY
49 Main Street
Sayville, NY 11796

***Application must include payment**

In consideration of accepting this entry, I, the undersigned intending to be legally bound, for myself and my heirs, executors and administrators, waive and release any all rights and claims for damages I may have against Smiles Change Lives, Smiles Change Lives – Long Island, Sayville Running Company, Corey Beach Park, County of Suffolk, Town of Brookhaven, Town of Blue Point and all sponsors of this event, their employees, principals, agents, directors, representatives, successors and assigns for any and all injuries or damages suffered by me in said event. I acknowledge that I am aware of the inherent risks involved in this event and voluntarily assume these risks. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run, and my physical condition has been verified by a licensed medical doctor. I hereby consent to the use of my name, photograph and or likeness in connection with my participation in this event. If signed by a parent, the parent agrees to release and hold the above named organizations and persons harmless of any claim and/or rights which may be asserted on behalf of the entrants. Smiles Change Lives reserves the right to reject any entry, and further reserves the right to change the details of the above-referenced event without prior notice. I understand that my entry fee is nonrefundable and my entry is nontransferable.

Signature _____ Parent Signature (if under 18) _____