



# 7th Annual 5K Run/Walk

St. James R.C. Church  
429 Route 25A  
Setauket, New York 11733



**SATURDAY JUNE 5, 2010 AT 9:00AM (RAIN OR SHINE)**

- Race packet pick-up will take place in the church parking lot from 7:30-8:45am
- *Please donate a non-perishable item (toiletries greatly appreciated) for the Soup Kitchen*
- Delicious post-race breakfast and awards ceremony will be held in the parish center immediately following the race
- Registration: Pre-registration \$15 before 5/17, after 5/17 and day of race \$20, only Pre-registrants are guaranteed t-shirts
- Please make all checks payable to *St. James R.C. Church*

**THE RACE COMMITTEE WOULD LIKE TO THANK ALL OF OUR SPONSORS AND ATHLETES FOR THEIR GENEROUS SUPPORT**

PLEASE MAIL THIS PORTION OF THE ENTRY FORM ALONG WITH YOUR REGISTRATION FEE  
**PLEASE PRINT ALL INFORMATION**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age (as of race date) \_\_\_\_\_ T-Shirt Size S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Phone \_\_\_\_\_ Division: Runner \_\_\_\_\_ Walker \_\_\_\_\_ Sex M  F

**5K Run / Walk Fee Paid:**

**PRE-REGISTRANT \$15  FAMILY (WALK ONLY) \$20  DAY OF RACE \$20**

PLEASE READ TWICE BEFORE SIGNING:

**THE ST. JAMES R.C. CHURCH 5K RUN/WALK ASSUMPTION OF RISK, RELEASE OF LIABILITY, AND INDEMNITY AGREEMENT:** I understand that the entry fee is non-refundable. I hereby certify that I recognize the challenges of this event and attest I am adequately physically fit to compete safely in this event. I understand the nature of this event and I certify that I am in sound health. I understand that this event is physically demanding and involves risks of bodily injury which includes permanent injury or death. I hereby release the St. James RC Church from all liability and will indemnify and hold harmless the Church from any and all expense related to my participation. I understand that by signing this form I have waived the above listed rights and I have signed this voluntarily.

**WAIVER:** In consideration of my participation in this race I, my heirs, executors and administrators release and forever discharge the property owners, race organizers, and any associated municipalities, all sponsors, individuals, other participants registered in this race for any injury that may be suffered, even if the injury was caused in whole or part by the negligence of said individuals, their employees, agents or representatives or by the dangerous conditions of any and all property in which the race activities are conducted including all injuries suffered by me while traveling to and from this event. I hereby assume all risks and release all claims for damages causing death, personal injury, or property damage of any kind, which may occur, to me or to any other person as a result of my participation in this event.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature of Parent if under 18 yrs old