



and



Present the Seventeenth Annual

LONG ISLAND POLICE APPRECIATION RUN

**THURSDAY EVENING, JUNE 26, 2008
7:00PM - REVISED DATE!!**

5 Kilometers (3.1 miles)

EISENHOWER PARK

East Meadow

(Take Northern Parkway or Southern Parkway to Meadowbrook Parkway to Stewart Avenue/Eisenhower Park Exit.)

*All proceeds to Police Crisis Fund to aid law enforcement officers and their families in emergencies!

***Special 17th Anniversary Commemorative Giveaways to everyone who enters!**

Awards: Top Male and Female OA
Top 3 males and 3 females in the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,80+, Wheelchair

Law Enforcement Division:

- *Top Three Male Finishers
- *Top Three Female Finishers
- *Top Three Male Masters Finishers
- *Top Three Female Masters Finishers
- *No duplication of awards, BUT Law Enforcement entrants who do not win a Law Enforcement Division Award will be eligible for age group awards!

Check In: Eisenhower Park-Field House (Between Parking field #1 and Parking Field #2)

5:00-6:30 PM on day of race.

Entry Fees:

\$18 Preregistered
\$15 GLIRC member 50% discount to all preregistered runners age 16 and under.
\$20 Day-of-Race

Special "Bravest/Finest" Award to the Open and Masters male and female runners with the fastest combined times in the David Lerner Associates Long Island Police Appreciation 5K Run on June 12 and the Deputy Chief Raymond Downey "Forever Running" 5K Run on June 15
Join us to support our "Finest" and our "Bravest"

Help us say THANK YOU to the outstanding men and women of our police departments.

Register online at www.glirc.org

David Lerner Associates Police 5K Run • June 12, 2008

Make checks payable to: GLIRC/Police Crisis Fund

Mail to: GLIRC, 101 Dupont Street, Suite 24 Plainview, NY 11803

First Name _____ Last Name _____

Age (on race date) _____ Date of Birth: ____/____/____ Male Female

Special Category: (Circle, if applicable)

Law Enforcement Division Dept./Agency _____

Address _____ Phone # () _____

Town _____ State _____ Zip _____

Yes - I am a GLIRC member Additional contribution _____

Please complete entry blank, read the following statement and sign below. In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, hereby waive and release and hold harmless THE GREATER LONG ISLAND RUNNING CLUB, THE COUNTY OF NASSAU, DAVID LERNER ASSOCIATES, JMS Racing, and volunteer fire department of East Meadow and their representatives, successors, and assigns, for any and all liabilities, claims, demands and causes of action whatsoever arising directly or indirectly from my participation in this event, even if any such liabilities, claims, demands and causes of action arise in whole or in part out of the negligence of any of the above mentioned organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed Medical Doctor or Doctor of Osteopathic Medicine. If signed by a parent, the parent agrees to release and hold the above-named organizations and personnel harmless of any claims and rights which may be asserted on behalf of the entrant. Further, I hereby grant permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose whatever.

Signature: _____

If under 18 years old, signature of parent or guardian: _____

