

1st Annual EAST QUOGUE



"WILDCAT 5K"

Saturday, April 25th 2009

East Quogue Elementary School

9:00 am ¼ Mile Fun Run/Walk

9:30 am 5K Run/Walk

East Quogue Elementary School

RAIN OR SHINE

FAST FLAT COURSE THROUGHOUT THE STREETS OF EAST QUOGUE

Proceeds to benefit the East Quogue Wellness Program with

Partial Proceeds to benefit St. Jude's Children's Research Hospital



Questions and further details please visit www.eastquogue.k12.ny.us

****Deadline for registration is April 15, 2009****

Start and Finish at East Quogue Elementary School 6 Central Avenue East Quogue, NY 11942

Directions: From West : Exit 64S onto Rt. 104 – Left onto Lewis Road – Left onto Old Country Road –

Right onto Central Ave (School on the right) From the East: Montauk Highway West – Right onto Central Avenue (School on the left)

EAST QUOGUE WILDCAT 5K REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Male: _____

Female: _____

Age: _____

T-Shirt Size: Adult S___ M___ L___ XL___
 Youth XS___ S___ M___ L___

Race Category: 5k Run _____

 5k Walk _____

Entry Fee : \$20 _____ (Must be at least 11 years old or accompanied by an adult)

 \$5 _____ ¼ mile , ½ mile, or 1 mile fun run/walk

*****\$25 5k registration fee on day of Race *** T-shirts guaranteed to pre-registrants only*****

Waiver of Liability

In consideration of being permitted to run/walk, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and assigns, waive and release any and all rights and claims for losses and damages I may have against any union or corporate sponsor, East Quogue Union Free School District, St. Jude's Children's Research Hospital, and all other event sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I hereby grant full permission to any or all of the foregoing to use photography, videotapes, and other record of this event for any purpose whatsoever, and I release any right to payments for such use.

Participants Signature

Date

(Parent or Guardian's signature if under 18 years of age)

Please make checks payable to East Quogue Union Free School District.

Registrations can be dropped off in person or mailed to:

East Quogue Elementary School

6 Central Avenue East Quogue, NY 11942

www.eastquogue.k12.ny.us