

Official Entry Form

Each participant must complete an Entry Form.

Online registration is available via a link on www.csea830.org or www.marathonguide.com.

Please Check

5k Run/Walk Male ___ Female ___

1/2 Mile Fun Run (Ages 5-12) Male ___ Female ___

Wheelchair Division Male ___ Female ___

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Race Day Age _____

Email _____

Sponsor a Runner: Put your information above and runner's name here _____

T-shirt size (circle one) XS S M L XL XXL

Pre-registration guarantees a t-shirt

Entry Fees

- \$17– 5k Run/Walk before Sept. 17; \$20 after
- \$14– 5k Run/Walk for CSEA Nassau Local 830 Bargaining Unit Member before Sept. 17; \$17 after
- \$8– Fun Run Participant

\$25 Fee for all Race Day Registrants

\$10 for Day of Race Fun Run Registrants

Total Enclosed: \$ _____

Make check out to CSEA Nassau Local 830 and mail to:

CSEA Nassau Local 830

Att: Ryan Mulholland

400 County Seat Dr.

Mineola, NY 11501

Each participant will receive a commemorative race t-shirt and a results journal in the mail following the race. Sponsors will also receive a journal with their name listed.

Official Sponsorship Form

Deadline for inclusion in signage or t-shirt is October 1, 2010

All sponsors above \$125 level will be invited to an information fair from 9:45am-11:30am following the race

\$1,000 Banner Sponsor _____

Name/logo listed on banner at start/finish line and awards ceremony, website, press releases, 1/2 page ad in commemorative race results journal, and on all t-shirts.

\$500 T-shirt sponsor _____

Name/logo displayed on all t-shirts, website, press releases and 1/2 page ad in commemorative race results journal

\$300 Full page/\$200 1/2 page

Journal Sponsor _____

Name/logo displayed in commemorative race results journal, press releases and on website

\$125 Road Sign Sponsor _____

Name displayed on sign along race route.

\$50 Journal Listing _____

Business/Organization _____

Contact Person _____

Address _____

Phone _____

Message you would like on sign/journal ad:

Or send logo in JPEG and include message text in email to rmulholland@csea830.org



CSEA Nassau Local 830
400 County Seat Dr.
Mineola, NY 11501

Phone: 516-571-2919

Fax: 516-742-3801

Email: RMulholland@csea830.org

www.csea830.org



CSEA
Nassau Local 830
Jerry Laricchiuta, President

1st Annual Halloween 5k Run/Walk for Craniosynostosis

Presented by **Bethpage**
You'll love banking here.

Sunday, October 31, 2010

5k at 9:30am

1/2 Mile Fun Run at 8:45am

BRAND NEW COURSE!

**Nassau Community College
Garden City, NY**



Profits will be going to the
Jorge Posada Foundation
for Craniosynostosis

and

CAPPS (Craniosynostosis and
Positional
Plagiocephaly Support Inc.)



**Special Raffle Prizes including
Yankee Memorabilia from Catcher
Jorge Posada**

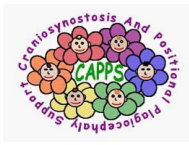
Awards for all Age Groups!

**Best Costume Contest
for the Kids!**



CSEA Local 830 is Nassau County's Largest Public Service Union with 10,000 members in Nassau County. Local 830 is part of the CSEA Long Island Region One with 55,000 members islandwide, and CSEA Local 1000 with over 300,000 members state-wide. Local 830 is led by President Jerry Laricchiuta.

The Jorge Posada Foundation and CAPPs



Craniosynostosis and Plagiocephaly are conditions in which one or more of the sutures of an infant's skull prematurely fuse. Surgery is the **ONLY** treatment for this. CSEA Local 830 member Amy Galm from the Communications Bureau Operators, has a ten year old son Maxwell that was diagnosed with both conditions which went undiagnosed and untreated resulting in craniofacial deformity and the need for cranial vault surgery. Amy is the director of CAPPs, (Craniosynostosis and Positional Plagiocephaly Support Inc) which works alongside the Jorge Posada Foundation for Craniosynostosis, created by the New York Yankee catcher Jorge Posada nearly 10 years ago when his son was diagnosed with the condition. Their joint goal is to raise awareness of these conditions so no child goes undiagnosed or has to suffer from a delay in treatment.

More information is available at www.cappskids.org and www.jorgeposadafoundation.org.

Mission Statement

With **1 in every 2,000 infants** affected by craniosynostosis and **1 in every 350** affected by Positional Plagiocephaly, the most important aspect of the mission is to create awareness.

All profits will go to CAPPs and the Jorge Posada Foundation, and will be used in the Long Island community. Funds will be used to create grants to help families who cannot afford surgery or those without medical insurance who need medical opinion.

Presenting Sponsor



Bethpage Federal Credit Union offers services to hundreds of CSEA members and over 160,000 people islandwide with over 40 branches. For more visit www.bethpagefcu.com.

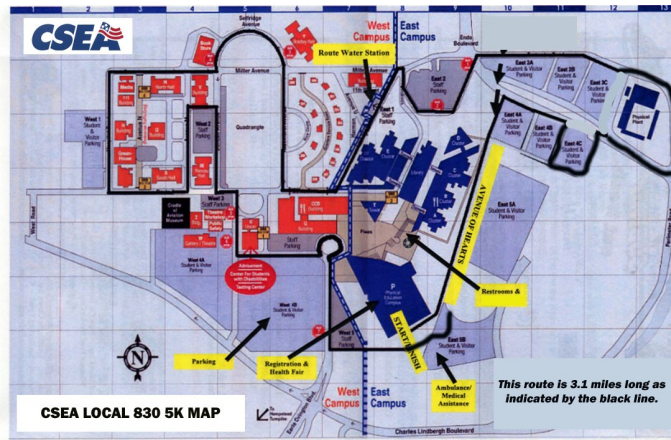
Race Location, Directions & Parking

**Nassau Community College
One Education Drive, Garden City, NY 11530**

Take the Meadowbrook Parkway to Hempstead Tpke West. Go past Nassau Coliseum and make a right on to Earle Ovington Blvd. Stay on Earle Ovington Blvd. and go straight into Parking Lot. You will be directed on where to park.

Course Map

The course takes you through the beautiful Nassau Community College Garden City campus. Runners and walkers begin right outside the southeast entrance of the Physical Education Center and end in Parking Lot East 5b, right next to the start. You will pass several campus buildings, the main quadrangle of the campus and athletic field.



Registration Packet Pick-Up:

Pre-registered runners can come to the CSEA Local 830 Office at 400 County Seat Drive in Mineola: **Friday, October 29, 2010: 8am-5:30pm**

Pre-registered and day of race entrants may pick up packets at Nassau Community College's Physical Education Center from 7:30am-8:30am on the day of race.

Awards & Refreshments

Refreshments will be served after the race, followed by an awards ceremony at the Physical Education Center at Nassau CC. Trophies will be awarded to the first overall male and female, first overall CSEA male and female, first in Wheelchair division & best costume. The top 3 in each age group (male & female each) will receive a medal, as well as all Kids Fun Run finishers.

14 & under	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75-79
30-34	55-59	80+

Raffle Prizes

Raffles will be done following the awards ceremony. Each runner/walker will tear off the raffle slip from their bib and have one entry into a special raffle. Prizes will include Yankee memorabilia from Jorge Posada, as well as electronics, and gift certificates to local restaurants and shops.



Jorge Posada

Rules and Regulations

This race is certified by United States Track and Field (USATF). For the safety of all participants and to satisfy insurance requirements, no skates, baby strollers, bicycles, baby joggers or animals are permitted on the course. **No refunds will be issued due to inclement weather.** Race will be held rain or shine, If there is thunder, lightning or any other dangerous conditions, the race could be delayed or postponed. No refunds will be issued in any case.