

Fees

(one race entry)
\$18 pre-registration (through 7/1)
\$20 (7/2- 9/1)
\$22 (9/2-9/12)
\$25 on race day

...also, be an Angel in Training
sponsor sheet will be sent once registered, or upon request 917-747-8079
individuals raise \$100
families raise \$300

Angels in Training—each runner receives special t-shirt, extra gifts, commemorative medal, and three raffle entries



Awards

Top male and female overall

Top three male and female in each age group --14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 & over

Clydesdale Division (men over 200lbs, women over 160lbs)
Top three male and female

Proceeds Will Benefit

- ❖ Catholic Medical Center of Brooklyn and Queens
- ❖ Long Island Jewish Hospital
- ❖ Schneider Children's Hospital
- ❖ Franklin General
- ❖ Peninsula Hospital
- ❖ Jamaica Hospital Medical Center Pediatric Unit
- ❖ HeartShare Human Services of New York Riverfund
- ❖ SIDS Alliance

2nd Annual
Angels On The Bay
5K Fun Run

Saturday
September 13, 2008
9:00 AM

Woodbury-Syosset Community Park

Directions

From West: Head northeast on I-495 E/Long Island Expy: Take exit 40E to merge onto Jericho Turnpike/RT-25 E toward Syosset: Turn right into Syosset-Woodbury Community Park

From East: Take I-495 W/Long Island Expy: Take exit 44 to merge onto RT-135 N/Seaford-Oyster Bay Expy toward Syosset: Take exit 14E for RT-25 E toward Woodbury: Slight right at Jericho Turnpike/Rt-25 E

Amenities

Chip timing by: Tri and Du It Multisport
Incredible raffles!!, including LCD flat screen TV, CD players much, much more
T-shirts for every runner
Gift bags for every runner
Bagels
Other refreshments
Live DJ



WE BELIEVE IN MIRACLES!

To benefit local facilities dedicated to ensuring a happy and healthy life for children with illnesses
register online at:

<https://secure.marathonguide.com/register/angelsonthebay>

Race Director: Roxann Romano (917) 747-8079

* Angels on the Bay * Saturday, September 13, 2008 *

Online registration available at: <https://secure.marathonguide.com/register/angelsonthebay>

Mail to: Angels on the Bay, Attn 5K Fun-Run, 162-45 Crossbay Blvd, Howard Beach, NY 11414

First Name _____ Last Name _____ Clydesdale: Yes _____ No _____
Age on Race date _____ Date of Birth ____/____/____ Email _____ Gender: Male _____ Female _____
Address _____ Town _____ State _____ Zip _____
Regular Runner _____ Angel in Training Runner _____ Angel in Training Family Runners _____ Corporate Sponsor _____
T-Shirt Size (circle one): Youth (S , M , L , XL) Adult (S , M , L , XL) Phone # _____

Please complete the entry blank, read the following statement, and sign below: *In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, successors and assigns, hereby waive and release and hold harmless ANGELS ON THE BAY CHARITY, THE GREATER LONG ISLAND RUNNING CLUB, TRI and DU IT MULTISPORT, SYOSSET/WOODBURY COMMUNITY PARK, THE NASSAU COUNTY POLICE DEPARTMENT, and all event sponsors, and their agents, employees, successors and assigns for any and all liabilities, claims, demands, and causes of action whatsoever arising directly or indirectly from my participation in this event, even if such liabilities claims, demands, and causes of action arise in whole or in part out of the negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed medical doctor. If signed by a parent, the parent agrees to release and hold the above named organizations and individuals harmless of any claim and right which might otherwise have been asserted on behalf of the applicant. Further, I hereby grant permission to any and all of the foregoing organizations and individuals to use photographs, videotapes, motion pictures, recordings, and any other record of this event for any purpose whatsoever.*

Signature _____ Date _____
If under 18 years old, signature of Parent or Guardian _____ Date _____